

CLMS Cheerleading Tryouts 2017-2018

Tryouts will be held April 17, 18 & 20 (Monday, Tuesday & Thursday)

SCHEDULE FOR TRYOUTS

- Clinics: Mon & Tues, April 17 & 18, 2:30pm– 4:30pm. (all grades - 5th, 6th and 7th)
Tryouts: Thursday, April 20, 2:30 pm for 6th and 7th graders, 3pm 5th graders
All candidates need to be present outside the gym for possible call backs after tryouts.
New Squad: Posted on CLMS Cheer site April 21 by 7 pm. <http://clmscheer0910.shutterfly.com/>

REQUIREMENTS

- *Students must be current 5th, 6th or 7th graders attending CLMS for the 2017/18 school year.
- *Turn in page 3 and 4 of this packet and a copy of your most recent report card or Jupiter Grades print out by April 7. Do not turn in the packet without a copy of your current grades.
- *Have minimum GPA of 2.5, no F's. No more than 1 N and no U's in citizenship.
- *Have no school debts (elementary or CLMS)
- *Have a good attendance record, minimal absences and minimal tardies
- *Be available for a uniform fitting at CLMS on May 17, after school.
- *Be available for mandatory summer practices Mon & Wed (July 19, 24, 26, 31 and Aug 2, 7 and 9 8am-11am)
- *Be available for summer cheer camp July 28 and 29 (Fri and Saturday, all day)
- *Be available for possible after school practices if needed prior to an event or performance
- *Check our website for calendar dates - <http://clmscheer0910.shutterfly.com>

CLINICS

- *Wear athletic shorts, tank top or t-shirt, socks and tennis shoes. Hair up and out of face!
- *No boots, sandals, heels, skirts, dresses, tub tops, jeans, or inappropriate clothing. No bare feet.
- *No stomachs showing, no short shorts, no sports bras or under garments showing. Dress code enforced.
- *No jewelry or gum. No food allowed in the Gym. Water bottles are encouraged.

TRYOUT PROCESS

- *You will learn a dance, cheer and toe touch jump.
- *Tryouts are Thursday, April 20, beginning at 1:30 pm in the gym. 5th graders begin approx. 3:00pm.
- *Tryouts will be in groups. Order drawn randomly during the clinic on Tuesday, April 18.
- *We will have call backs. After you tryout, you need to be outside the gym until dismissed.
- *There is a set number of spots available on the cheer squad. Highest scores will make the team after grade, discipline and attendance checks are done. Results are final.
- *Teacher recommendation forms will be emailed to teachers for input on grades, behavior, leadership qualities, attendance and citizenship. We do take these into consideration!
- *Current cheerleaders must tryout and are not guaranteed a spot on the new squad.
- *You will perform the dance, cheer and toe touch jump at tryouts.
- *Tumbling is highly encouraged but not required. You earn bonus points for tumbling!

ATTIRE FOR TRYOUTS

- *Show your school spirit! Wear black/gold/white. Hair ribbons or bow!
- *Wear athletic shorts, tank top or t-shirt, tennis shoes and socks. Hair out of face! No jewelry!
- *We are looking for students who can perform! Students with enthusiasm, outgoing personalities, big smiles, skills, potential and that special something that shows us you have what it takes to be a Cougar Cheerleader and lead the crowd!



***** PLEASE READ *****

In order for the cheer program to run smoothly, everyone needs to understand the requirements and commitment involved. Please be sure to read all information carefully. The Cheer Constitution goes into more detail but this is some of the basics.

To be a member of the CLMS Cheer Squad is a privilege and a HUGE COMMITMENT. It is a wonderful way for a student to get involved at CLMS and work towards cheerleading in high school and beyond! Responsibility, teamwork, dedication, enthusiasm, and hard work are a must. Cougar Cheer is a rewarding and exciting program that teaches teamwork, dedication, academics, leadership, school spirit and hard work. The squad is involved in every aspect of the school, supports all groups at CLMS and promotes school spirit. We perform at 7 assemblies each year, Open House, Back to School Night, spirit days, dress up days, community events and possibly competitions. We also cheer for our athletic teams several times a year! If you feel you have what it takes to be a Cougar Cheerleader and promote school spirit at CLMS, turn in your paperwork on time and we will see you at tryouts! Good Luck!

- ~Attendance is required at summer practices, after school practices (when required), performances, games, fund raisers and meetings. Cheer is extremely time consuming. **You will be required to miss other outside activities/sports when an event or extra practice is scheduled.**
- ~**If you play sports, dance or do all star cheer, CLMS Cheer comes first if there is an event/performance conflict. Be sure to discuss this with your parent/guardian and outside instructors and coaches.**
- ~Attendance is highly recommended for summer cheer camp. Camp costs \$150 for 2 days and a deposit of \$100 will be due at the uniform fitting on May 17 if you choose to attend summer camp.
- ~Academic requirements must be maintained the entire year or you will be placed on probation and then be removed from the squad if the issue is not corrected in a timely manner.
- ~Parents/guardians must also be committed to the team and make every effort to get your cheerleader to events, practices and school. We post calendar events in advance and expect cheer members and parents to be responsible and check the cheer calendar daily. Parents need to be pro-active and check with coaches first before scheduling vacations and events that may cause a conflict.
- ~All cheerleaders and parents will sign a spirit contract and adhere to the rules and guidelines.
- ~Each cheerleader is responsible for learning all the material and practicing at home. The coaches may have a cheerleader sit out of a performance if they do not know the material.
- ~Each cheerleader is responsible for coming to school everyday. If you miss cheer class before a performance/ event, you will not be able to perform.
- ~Cheerleaders with excessive absences from school will be placed on probation and then removed from the squad if attendance does not improve.
- ~Each cheerleader will need a uniform in order to perform with the team. Uniforms consist of shell, body liner, skirt, briefs, bow and shoes. Detailed info will be given to all new squad members. If funds are available, the district provides the skirt and body liner, which will be returned at the end of the year. The shells, briefs, bows and shoes must be purchased. We will do fundraisers to offset the costs of these items. Cheerleaders may also purchase the skirt and body liner if they choose.
- ~We will need donations and 100% participation in fundraisers throughout the year to help pay for program costs such as spirit items, poms, signs, transportation fees, stunt clinics, choreography fees, awards, poster paper, luncheons and more.



CLMS CHEER 2017-2018

Tryout Application and Permission Form

Student name _____

Address _____

City _____ **Zip** _____

Home Phone _____ **Cell Phone** _____

Parents names _____

Parents phone numbers _____

Emergency Contact _____

Medical Insurance _____ **Policy #** _____

Email _____

CURRENT Grade _____ **Current School** _____

5th Graders Only - Teachers Name _____

6th and 7th graders, list your teachers:

Per 1

Per 2

Per 3

Per 4

Per 5

Per 6

By signing below, I give my student permission to tryout for the CLMS Cheer Squad and we will not hold CLMS and/or LEUSD staff or employees or any cheer member, coach, advisor, student or helper of CLMS liable for any and all injuries that may occur while trying out for the 2017/2018 cheer squad. We understand by the very nature of the activity, cheerleading carries a risk of physical injury. No matter how careful the participant and coach are, how many spotters are used, or what landing surface is used, the risk cannot be eliminated. The risk includes minor injuries such as muscle pulls, dislocation and broken bones. The risk also includes catastrophic injuries such as permanent paralysis or even death from landing or falls on the back, neck or head. We understand these risks.

STUDENTS NAME _____ STUDENT SIGNATURE _____

PARENT SIGNATURE _____

Turn over and complete the back!



PLEASE ANSWER THE FOLLOWING QUESTIONS

1) What activities are you involved in after school? (tumbling, cheer, dance, soccer, volleyball etc.) How many days a week are these activities? What time? Are you able to miss these activities if you are required to be at a CLMS cheer event?

2) Are you able to be a part of a TEAM? Can you work well and get along with others?

3) Cheerleaders are performers! They are not shy. Cheerleaders need to be spirited, upbeat, outgoing, positive and smile all the time! (especially when performing) Are you this type of person? Can you perform and look like you are having a great time while in front of a crowd? Explain your answer...

4) What does being a member of the CLMS Cheer Team mean to you?

5) Do you aspire to cheer on a high school cheer squad? Or do you plan to participate in Dance, Athletics or some other venue in high school? We are looking for students who aspire to cheer for CLMS, high school and beyond!

PLEASE CIRCLE

Previous Cheer Experience: none 1-2 years 3-4 years 5 or more years

Previous Dance Experience: none 1-2 years 3-4 years 5 or more years

Tumbling Experience: none 1-2 years 3-4 years 5 or more years

Stunting Experience: none 1-2 years 3-4 years 5 or more years

PLEASE CIRCLE POSITIONS YOU CAN PERFORM WITHOUT A SPOT

Base

Flyer

Back Spot

Front Spot



Turn in page 3 and 4 along with a copy of your last report card to Miss Tammy at CLMS by April 7! Questions: email the coach and teacher: Tammy.Howard@leusd.k12.ca.us or Shannon.Bagley@leusd.k12.ca.us